

Overweight and Obesity: the Challenges and Solutions

2012 Health Professional Training Program

OVERVIEW

This one day program examines the nutritional, physical, psychological and medical options available to health professionals involved in providing weight management advice to clients with or without diabetes.

TOPICS WILL INCLUDE:

- Nutrition interventions for weight management
- Physical activity strategies for weight management
- Meal replacements and Very Low Calorie Diets
- Medications for weight management
- Nutritional management after bariatric surgery
- Psychological strategies to manage emotional eating

WHO SHOULD ATTEND

This program is suitable for Practice Nurses, Diabetes Educators, Aged Care Workers, Dietitians, and other Allied Health Professionals working in Community health / Hospital settings and General Practice.

DATE:

Monday, 23 July 2012

TIME:

9.00am to 4.30pm

VENUE:

Seminar room 1
Baker IDI Heart & Diabetes Institute
The Alfred Centre
Level 4, 99 Commercial Road
Melbourne, Victoria, 3004

COST:

\$205 (includes GST) or
\$175** (includes GST) if paid by 22 June 2012

REGISTRATION DETAILS

Program registration forms are available through the Baker IDI website,
www.bakeridi.edu.au/health_professionals_training

FOR FURTHER INFORMATION

For further information regarding our training programs for health professionals, contact **Training Program Coordinator** on

Email: training@bakeridi.edu.au **or** **Ph:** (03) 8532 1844, (03) 8532 1842 **or** **Fax:** (03) 8532 1100

** **Early bird fee:** To take advantage of early bird special rate, registration & full payment must be received by closing date.



This workshop has been endorsed by Royal College of Nursing, *Australia* (RCNA) according to approved criteria. Attendance at these programs will attract RCNA Continuing Nursing Education (CNE) points as part of the RCNA Life Long Learning Program (3LP).

This workshop will attract 6 RCNA Continuing Nursing Education (CNE) points.

This workshop will attract 6 hours towards the DAA Continuing Professional Development Program