

Motivational Interviewing for Diabetes Health Care Professionals

2012 Health Professional Training Program

OVERVIEW

In so many chronic illnesses the patient is required to make a change. Motivational Interviewing (MI) is a proven strategy to assist clients to resolve ambivalence around behaviour change. It can improve your chances that the client will be willing to do something different when education and exhortation have failed.

In this workshop, participants will be guided through a sequence of learning activities to acquire competence and clinical skilfulness in the following:

- Working with ambivalence
- Recognising and managing client resistance
- Developing skills for evoking change-talk.
- Eliciting and strengthening commitment to change.

Learning activities include case scenarios DVD of clinicians using MI in their work and experiential activities.

WHO SHOULD ATTEND

This program is suitable for Practice Nurses, Diabetes Educators, Aged Care Workers, Dietitians, Psychologists, and other Allied Health Professionals working in community health/hospital settings and General Practice.

DATE:

Friday, 2 March 2012

TIME:

9.00am to 5.00pm

VENUE:

Seminar room 1
Baker IDI Heart & Diabetes Institute
The Alfred Centre
Level 4, 99 Commercial Road
Melbourne, Victoria, 3004

COST:

\$245 (includes GST) or
\$215** (includes GST) if paid by 2 Feb. 2012

REGISTRATION DETAILS

Program registration forms are available through the Baker IDI website,
www.bakeridi.edu.au/health_professionals_training

FOR FURTHER INFORMATION

For further information regarding our training programs for health professionals, contact **Training Program Coordinator** on
Email: training@bakeridi.edu.au or **Ph:** (03) 8532 1844, (03) 8532 1842 or **Fax:** (03) 8532 1100

** **Early bird fee:** To take advantage of early bird special rate, registration & full payment must be received by closing date.



This workshop has been endorsed by Royal College of Nursing, *Australia* (RCNA) according to approved criteria. Attendance at these programs will attract RCNA Continuing Nursing Education (CNE) points as part of the RCNA Life Long Learning Program (3LP).

This workshop will attract 6.5 CPD points towards the APS Continuing Professional Development Program.
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This workshop will attract 6.5 hours of towards the DAA Continuing Professional Development Program