

Diabetes and the Elderly

2012 Health Professional Training Program

OVERVIEW

This one day workshop benefits healthcare professionals working with elderly patients. Topics to be addressed include what is diabetes, blood glucose monitoring, hyper and hypoglycaemia and management of specialised nutritional needs including catering and menu planning.

TOPICS WILL INCLUDE:

- What is Diabetes: An overview of Type 1 and Type 2 Diabetes
- Blood glucose targets and management goals
- Hyperglycaemia/Hypoglycaemia management
- Diabetic Complications
- Nutritional Management
- Recipe modification and menu planning
- Exercise Management
- Barriers to Self Care and Education

WHO SHOULD ATTEND

This workshop is suitable for all health professionals involved in the care of people with diabetes (including Practice Nurses, Community Health Nurses, Allied Health Professionals & Diabetes Educators).

DATE:

Monday, 19 March 2012 **OR**
Monday 13 August 2012

TIME:

9am to 4pm

VENUE:

Seminar room 1
Baker IDI Heart & Diabetes Institute
The Alfred Centre
Level 4, 99 Commercial Road
Melbourne, Victoria, 3004

COST:

\$155 (includes GST) **or**
\$125** (includes GST) if paid by 19 February /
15 July 2012

REGISTRATION DETAILS

Program registration forms are available through the Baker IDI website,
www.bakeridi.edu.au/health_professionals_training

FOR FURTHER INFORMATION

For further information regarding our training programs for health professionals, contact **Training Program Coordinator** on

Email: training@bakeridi.edu.au **or** **Ph:** (03) 8532 1844, (03) 8532 1842 **or** **Fax:** (03) 8532 1100

**** Early bird fee:** To take advantage of early bird special rate, registration & full payment must be received by closing date.



This workshop has been endorsed by Royal College of Nursing, *Australia* (RCNA) according to approved criteria. Attendance at these programs will attract RCNA Continuing Nursing Education (CNE) points as part of the RCNA Life Long Learning Program (3LP).

This workshop will attract 5.25 RCNA Continuing Nursing Education (CNE) points.
This workshop will attract 5.25 hours towards the DAA Continuing Professional Development Program