

Practical Half Day Workshop on Counting the Carbs

2012 Health Professional Training Program

OVERVIEW

This half day workshop is directed at advanced carbohydrate counting for multiple daily injections and insulin pump therapy.

The workshop will focus on practical strategies to enhance dietitians' teaching skills when delivering carbohydrate counting education.

TOPICS WILL INCLUDE:

- Ways to teach carbohydrate counting
- Tips to simplify the maths for counting carbohydrates
- Strategies for teaching label reading
- Use of online food databases & apps
- Practical tips for counting carbohydrates in home cooked meals
- Strategies to overcome the challenges when eating out & takeaway foods

WHO SHOULD ATTEND

This workshop is suitable for Dietitians.

DATE:

Tuesday, 19 June 2012

TIME:

9am to 1.00pm

VENUE:

Seminar room 1
Baker IDI Heart & Diabetes Institute
The Alfred Centre
Level 4, 99 Commercial Road
Melbourne, Victoria, 3004

COST:

\$130 (includes GST) **or**
\$100** (includes GST) if paid by 19 May 2012

REGISTRATION DETAILS

Program registration forms are available through the Baker IDI website, www.bakeridi.edu.au/health_professionals_training

FOR FURTHER INFORMATION

For further information regarding our training programs for health professionals, contact **Training Program Coordinator** on

Email: training@bakeridi.edu.au **or** **Ph:** (03) 8532 1844, (03) 8532 1842 **or** **Fax:** (03) 8532 1100

** **Early bird fee:** To take advantage of early bird special rate, registration & full payment must be received by closing date.



This workshop has been endorsed by Royal College of Nursing, *Australia* (RCNA) according to approved criteria. Attendance at these programs will attract RCNA Continuing Nursing Education (CNE) points as part of the RCNA Life Long Learning Program (3LP).

This workshop will attract 3.5 RCNA Continuing Nursing Education (CNE) points.
This workshop will attract 3.5 hours of Assessed Professional Development towards DAA APD Continuing Professional Development Program