



Winter 2009

High profile support for high priority cause

After enduring three years of medical tests and an uncertain future, former Yellow Wiggle Greg Page finally had a diagnosis in 2006 that explained his extreme fatigue and dizziness – Orthostatic Intolerance (OI). While this condition is relatively unknown, around two percent of the community suffer from OI. It literally means ‘intolerance of standing’ and is a chronic disorder of the autonomic nervous system.

Ground-breaking research underway at Baker IDI by Professor Murray Esler and his team provides new insight at a biochemical and cellular level into the causes of OI.

As Greg says, ‘the results of Murray’s research are encouraging. I’ve spoken to him a number of times about things that he’s doing and it sounds really interesting. Because, until you’re affected by OI...you don’t really understand how much it impacts your life, your family and your career.’

For people with OI, when they stand, blood tends to ‘run to their boots’, collecting in the veins of the legs and abdomen. This momentarily reduces the return of blood to the heart where it is needed for the pumping action that maintains blood pressure and blood flow to the organs of the body at normal levels.

Normally, the body has an autonomic stimulant system which almost

immediately adjusts to these changes. In some people these autonomic responses fail, and cause one of several disabling disorders.

In Greg’s case, he was forced to retire from the internationally popular children’s entertainment group The Wiggles, because he was unable to stand up without feeling faint, would sometimes slur his words, suffered constant trembling and ultimately, experienced chest pain.

Although there is no cure, OI can be managed with medication. However, before treatment can begin, a correct diagnosis must be made.

The failure to quickly diagnose Greg’s illness and treat this debilitating condition reflects the limited understanding of the different types of OI.

But the good news is Greg’s health has improved dramatically. ‘I’m doing really well at the moment. Once OI is diagnosed and you understand what the condition is, you can manage and stay on top of it.’

In 2008, the Greg Page Fund for Orthostatic Intolerance was established to raise much needed funding to support Baker IDI’s research. Through the support of the Greg Page Fund, Baker IDI researchers will seek to uncover the causes of OI and its related conditions and provide a clearer path to diagnosis and treatment.

‘The fund was set up to raise awareness about the condition and to discover new treatments through research. I would



Former Yellow Wiggle Greg Page is a big supporter of Baker IDI and medical research.

encourage everyone reading this to please support the valuable work of Baker IDI. In time, the institute’s discoveries will significantly impact the ability to diagnose and treat this condition quickly and effectively.’

To find out more about how you can support the work of Baker IDI, please visit our website www.bakeridi.com.au or call us on 1800 827 040.



DIRECTOR'S REPORT – Professor Garry Jennings, Director

A momentous year of achievements and ground-breaking discoveries



Professor Garry Jennings, Director, Baker IDI Heart & Diabetes Institute

It has been a very full year since Baker IDI Heart and Diabetes Institute was officially established – a year which validates the decision to combine our research efforts for the benefit of people affected by heart disease, stroke and diabetes.

Our merger of the former Baker Heart Research Institute and the International Diabetes Institute last year was officially launched by the Federal Minister for Health, The Hon. Nicola Roxon MP and the Premier of Victoria, John Brumby MP. Both State and Federal Governments have identified the significant health issues that cardiovascular disease and

diabetes present to the community and recognise the significant role that Baker IDI will play in improving the health of the Australian community.

Carried on from both former Institutes is the recognition as World Health Organisation (WHO) collaborating centres for cardiovascular disease and diabetes. Baker IDI will continue to carry out activities in support of the WHO programs and drive ground-breaking discoveries that contribute to medical knowledge and treatments in Australia and around the world.

We are very proud of the four recent 'world-first' discoveries of our research teams led by Professor Karlheinz Peter, Associate Professor Markus Schlaich, Associate Professor Assam El-Osta and Professor Bronwyn Kingwell. News of their achievements are explained further in this newsletter.

Baker IDI is also making significant changes to the way people in Victoria can improve their health outcomes.

4000 FOR HEALTH

One of these projects is the upcoming '4000 for Health' program. This is an important new initiative which attracted much interest at its launch at Baker IDI

in May. Led by Associate Professor Jonathan Shaw, this state government-funded program will screen 4000 Victorians and set an important benchmark for assessing the state of health in our community.

VIPER BP

Professor Simon Stewart's team is leading another important study called VIPER BP – the Valsartan Intensified Primary Care Reduction of Blood Pressure Study. This study will test whether a more guided and intensive approach to hypertension therapy enables more patients to reach their blood pressure targets more quickly than traditional care.

On a national level, Baker IDI was recently awarded the Commonwealth Department of Health and Ageing's tender for updating and reviewing four of the type 2 diabetes guidelines for Australia. The bid was coordinated through our Adelaide office and is the first major activity to be solicited and implemented with our South Australian collaborators.

NEW APPOINTMENT

Following the formal opening of our Adelaide office last year by the South Australian Health Minister John Hill,



Professor Paul Zimmet, The Hon. Nicola Roxon, Minister for Health and Ageing, John Brumby The Premier of Victoria, and Professor Garry Jennings at the inaugural Baker IDI Heart & Diabetes Institute Gala Dinner.



Professor Garry Jennings AM, The Hon. Daniel Andrews MLA, Victorian Minister for Health, Roger Boyle, UK Professor and Professor Paul Zimmet at the inaugural Launch of Baker IDI's Public Lecture Series and Baker IDI Perspectives.

we are keen to further collaborate with local health and medical researchers and organisations in South Australia. Recently joining our South Australian team is Professor Peter Clifton as Head of Nutritional Intervention.

Professor Clifton is a distinguished physician and scientist with an international reputation in nutrition research. He specialises in researching obesity, weight loss strategies and healthy diets and perhaps is best known for his co-authorship of the *CSIRO Total Well Being Diet*. Peter will be developing a range of nutrition related research activities in both Adelaide and our new Healthy Lifestyle Research Centre being built in Melbourne.

BAKER IDI IN ALICE SPRINGS

In Alice Springs, the Centre for Indigenous Vascular and Diabetes Research (CIVDR) has been established to address barriers to care, experienced by Aboriginal people with, or at risk of developing vascular disease and diabetes. Led by Dr Alex Brown, we look forward to opening a new building to house this facility next year in conjunction with Flinders University.

NEW PUBLICATION: PERSPECTIVES

Recently, the Hon Daniel Andrews MP, Minister for Health, officially launched our new publication, *Baker IDI Perspectives*. Comprising a series of thought-provoking opinion pieces *Perspectives* is designed to make an important contribution to health and medical research policy debate. The

inaugural edition focussed on the challenge of obesity and its impact on the community. A further two editions of *Perspectives* are due later this year.

LECTURE SERIES LAUNCHED

As part of this program and to further support Baker IDI's leadership in Australian health policy debates, Professor Roger Boyle, National Director, Heart Disease and Stroke at the Department of Health, United Kingdom, delivered the inaugural Public Lecture. Professor Boyle has been referred to as the 'health czar' who has engineered a successful strategy to dramatically reduce cardiovascular disease in the UK. We were very grateful for his participation in this inaugural event.



Dame Elisabeth Murdoch at this years annual Open Garden Day at Cruden Farm for Baker IDI.

CRUDEN FARM OPEN DAY

Another successful event was held at Dame Elisabeth Murdoch's Cruden Farm in March and wonderfully organised by Friends of Baker IDI, a small group who generously volunteer their time to raise funds in support of our research. We are indeed fortunate that Dame Elisabeth allowed us once again to share her beautiful gardens with our friends and supporters, especially during her centenary year.

The generosity of all of our supporters continues to have a profound impact on our work. Baker IDI's mission to improve the health of all Australians and to protect and safeguard the health of future generations is a substantial one that can only be achieved through meaningful partnerships with the community.

We look forward to your continued support of our efforts to dramatically reduce death and disability caused by cardiovascular disease and diabetes.

Garry Jennings AM

Director, Baker IDI Heart and Diabetes Institute

Baker IDI – Leading the world in scientific breakthroughs

Thanks to our many supporters, Baker IDI researchers are among the most significant voices in the global fight against cardiovascular disease and diabetes. We recently had the great privilege of announcing four world-first research breakthroughs that will significantly impact the health and well being of the nation.

New test to predict heart disease

2008 ended on a high note with the announcement of a test that will screen for heart disease years before that person may be fatally struck by a heart attack.

Led by Professor Karlheinz Peter, the Melbourne team at Baker IDI developed a urine test in conjunction with a German biotech company and the University of Freiburg. For the first time we can now screen for atherosclerotic cardiovascular disease, which is responsible for a large majority of heart conditions.

This test allows for early diagnosis of coronary artery disease. With early intervention, positive changes to lifestyles and medical treatment, some heart attacks can effectively be prevented. This screening test has the potential to save millions of lives around the world.

Cells show ‘we are what our parents ate’

Another major discovery was made by the research team led by Associate Professor Assam El-Osta. The team found that human cells have the ability to “remember” and replicate the effects of poor diet on the body, providing a further clue as to why obesity and some diseases can run in families over multiple generations. Essentially, this research tells us ‘we are what our parents ate!’

For instance, when an individual consumes a chocolate bar, it can have very acute effects, and those effects continue for up to two weeks. This is what the team refers to as the ‘burden of memory’. The changes initiated by



Leading the way with four world-first research breakthroughs (L-R) – Associate Professor Markus Schlaich, Professor Karlheinz Peter, Associate Professor Assam El-Osta and Professor Bronwyn Kingwell.

diet create a kind of ‘ghost’ that lives within our genes, and these epigenetic changes remember the effects of glucose and continue to respond to them for days or even weeks later creating potentially fatal implications for our offspring who are directly impacted by the lifestyle choices of their parents.

New treatments for high blood pressure

One of the most important advancements in hypertension treatment since the development of drug therapies was highlighted in March with the announcement of a research study by Associate Professor Markus Schlaich. The results of this study are expected to revolutionise treatment options for patients with high blood pressure around the world.

A major health burden in Australia and around the world, high blood pressure is the cause of many debilitating health problems and sudden death. Associate Professor Schlaich’s research showed remarkable improvement in blood pressure levels for participants in a clinical trial that used a new catheter-based treatment for life-threatening high blood pressure. This one-off procedure conducted on both kidneys, has the potential to substantially reduce premature ill health and mortality attributed to high blood pressure.

Good cholesterol helps type 2 diabetes

Professor Bronwyn Kingwell and her team has found that ‘good cholesterol’ or HDL, could lead to a new treatment for those living with type 2 diabetes. Previously, HDL was known to protect against heart disease, but until this ground breaking research, the effect on diabetes was not known.

Professor Kingwell’s team discovered that HDL could be used to control blood glucose levels by imitating the effect that exercise has on muscles. While HDL therapies do exist, their effect on blood glucose levels is brief.

Pharmaceutical companies are now developing drugs that will provide a longer-lasting increase to HDL levels. Once proven effective on heart disease, these ‘exercise pills’ could also be an effective treatment for type 2 diabetes.

These breakthroughs, and many more in experimental stages in our labs, are made possible through the generosity of our supporters whose commitment to research at Baker IDI provides ongoing support for our work.

Together, we will be leaders in reducing death and disability from heart disease, stroke and diabetes in Australia, and around the world.

Bright Sparks The next generation of gifted scientists

While current research greatly depends on the contribution of our supporters, Baker IDI is also building a team of future world-class scientists with your help.

Under the Baker IDI Bright Sparks Program, gifted young scientists like Lynette Pretorius apply for competitive post graduate scholarships to supplement their income and enable them to concentrate on their science.

Lynette is currently completing her PhD on a particular heart condition known as Atrial Fibrillation, one of the most common sustained irregular heart rhythm presentations in cardiology departments world wide.

To help her undertake this research, Lynette was awarded a 'top up' scholarship which supplements her funding base by \$6,000 per year. For students like Lynette, this funding often means that they can remain focussed on their studies without having to fit in a job that takes them away from the lab.

The Bright Sparks Program is completely dependent upon the generous contributions of individuals, corporations

and trusts and foundations. Supporters recognise that this program's incentives play an important role in Baker IDI's efforts to attract and retain the very highest calibre of post graduate students. Many Bright Sparks donors share a sense of nurturing the personal growth of these gifted young scientists and their professional transformation into accomplished scientists.

Acknowledging that funding options are limited, Lynette believes the Bright Sparks scholarships are very appealing to students who are considering Baker IDI as a place to further their education and career. While Lynette was initially attracted to furthering her academic career at Baker IDI by research projects currently underway, the opportunity to apply for an additional scholarship played a major role in her decision.

Baker IDI acknowledges the importance of nurturing the potential of gifted young scientists who are yet to make their mark.

To find out more about how you can help the Bright Sparks Program, please contact Bobbie Renard directly on (03) 8532 1141 or via email at bobbie.renard@bakeridi.edu.au

Professor Peter Clifton

With his move to Baker IDI in July 2009, Professor Peter Clifton will be actively involved in the new Healthy Lifestyle Research Centre currently being built in Melbourne.



Peter comes to Baker IDI after a long career at CSIRO and is probably best known as part of the team behind the best-selling

publication *The CSIRO Total Wellbeing Diet* which he co-authored with Manny Noakes. This book has sold one million copies to date. He is also co-author of the follow-up book, *The Healthy Heart Program*.

Professor Clifton is an affiliate professor in the departments of Medicine and Biomedical Science within the University of Adelaide and has contributed more than 150 scientific publications. He is a sought after speaker at national and international meetings and a popular media commentator in the field of nutrition.

'I am delighted to be joining Baker IDI at such an important time. The prevalence of diabetes and cardiovascular disease has never been greater and the Institute is well placed to play a leading role in addressing this serious epidemic. Our innovative approach to lifestyle interventions has already been well recognized and we have a unique opportunity to build on our strengths to date and make a serious contribution to reducing the burden of disease' he said.

Peter specialises in endocrinology and is a consultant at the Royal Adelaide Hospital. Based in the Baker IDI Adelaide office, he will bolster our efforts in nutritional research and play a leadership role in establishing an active research agenda in South Australia. We welcome Peter to our growing ranks of eminent scientists at Baker IDI.



Researcher Lynette Pretorius is completing her PHD at Baker IDI with support of the Bright Sparks Program.

Professor Mark Cooper honoured



Professor Mark Cooper receives the highly prestigious NHMRC Australia Fellowship award from Queensland Senator The Hon. Jan McLucas.

Congratulations to Professor Mark Cooper, Baker IDI's multi award winning scientist and clinician whose research directly influences the development of new treatments to target and prevent the development of diabetes-related disease and complications.

Professor Cooper has recently received two highly important awards for his work. The first is the prestigious Australian Fellowship from the Australian Government through the National Health and Medical Research Council (NHMRC). The grant is for Professor Cooper's outstanding research into why people develop complications of diabetes, as well as understanding the mechanisms responsible for these complications. His fellowship represents the first time this grant has been awarded in the field of diabetes.

Secondly, Professor Cooper has also been awarded an esteemed JDRF International Scholar Award from the US-based Juvenile Diabetes Research Foundation, the only Australian to ever have done so. The JDRF Scholar Awards are given to researchers who display ground-breaking ideas, unique research direction, a willingness to take calculated risks and a commitment to accelerating type 1 diabetes research.

Professor Cooper and his team are developing and testing new therapies for treating and preventing diabetes-related complications, in particular diabetic kidney disease.

Pies, pumps and Victoria's bush fires

If ever there was a story to make a person question the timing of events, this is it.

Meet Brad Clark. A long time patient of Professor Paul Zimmet AO, Brad recently began using insulin pump therapy a few months ago. His decision to change to a pump proved good timing - it made it possible for him to stay healthy while providing 24 hour comfort for the victims of Victoria's bush fires.

FOOD FOR COMFORT

Originally from Melbourne, Brad, a professional pastry cook, moved to the rural township of Yea to work at Gaffney's Bakery and recently, he and his wife took the next step and bought the business.

But, it wasn't the move to the countryside or becoming a business owner that Brad will credit with his chosen career. Rather, he is most pleased that his vocation enabled him to help the hundreds of people in his community by doing what he does best: making comfort food.

Who knows better than a person with diabetes, about the important role that food plays in our lives.

'I met Professor Zimmet when I was 11 years old. That's when I was diagnosed with type 1 diabetes,' said Brad.

For months, Professor Zimmet tried to persuade Brad to start using an insulin pump.

'I knocked it back a few times. I was so used to the old way. I had been doing it one way since I was 11 and all of a sudden to make such a change was scary.'

But in November last year he finally decided to give the pump a try - a decision that he was grateful for when bushfires hit his community on 7 February, 'Black Saturday.'

COMMUNITY SPIRIT

'We didn't know what was going on,' Brad said. 'We heard there were fires but we didn't realise how bad they were. We just opened the doors to the bakery and these people who had run from the fires came in with their stories. And I just started baking.'

Our place was full of people and we were trying to comfort them. It was chaos. There were people in the front of the bakery, out the back. There were even cats and dogs in here trying to cool down. The stories that I heard were really horrific. People lost everything. We just did what we could to try to comfort them.

We stayed open for 24 hours until the Red Cross were able to set up in the football oval. Then we helped them cater for everyone who was over there. Each day we were doing about 400 pies and sausage rolls, bread and speciality breads for people with Celiac disease.'

ALL HANDS TO THE PUMP

'We didn't have a lot of staff because they were out fighting fires as well. We got through it. I'd just been put on the pump and that worked really, really well. Any other time, I would have been exhausted. But that's what got me through.'

Brad plans to stay in Yea.

'We're not going anywhere. Business will pick itself back up again and we'll just get on with it.'

As for living with an insulin pump? Brad says, 'The pump is working fantastically. I'd recommend it to anyone who needs Insulin, it's amazing.'

When thinking back to his decision to return to the bakery on 'Black Saturday' and his timing to start using the pump, he says: 'Something sent us down to open the doors. And the pump, well, I refused it for so long but when I finally did, it was really good timing. It's like someone knew something.'



Brad Clark hard at work at Gaffney's Bakery in Yea.

Ruth has ensured her legacy will continue

Now in her 90th year, Ruth Webster is a long time supporter of Baker IDI who intends to continue her support for many years to come.

Mrs Webster's relationship with the Institute began some 30 years ago when she and her late husband visited to have their cholesterol levels checked.

Although the Healthy Hearts Clinic (formerly called the Risk Clinic) is a free service to the community, the Websters decided to start making regular donations to the Institute as a means of 'paying their way'.

Over the years, Ruth has come to embrace the Institute as her adopted family. From offering to stuff envelopes to attending Annual General Meetings and taking a personal interest in

nurturing our early career scientists, she has made it a priority to do whatever she can to support Baker IDI. With 10 doctors in her family, Mrs Webster is keenly aware of the important role that medical research plays in improving lives.

Nearly 10 years ago, she decided to ensure that her support would continue for the next generation of scientists. With this in mind, Ruth made the thoughtful decision to include Baker IDI as a beneficiary in her will.

'I am very happy that I can do something and I want the most people possible to benefit from what I can leave. I know that by supporting research, many, many people will benefit,' explains Mrs Webster.

With the provisions she had made in her will for Baker IDI, Mrs Webster's legacy of giving will continue. Her long and

trusting relationship with the Institute gives Mrs Webster the confidence and comfort of knowing that her bequest will be used according to her wishes.

Not only is the Institute grateful for Mrs Webster's decision to support us into the future, we are most pleased that we have the opportunity to say 'thank you' now.

MAKING A BEQUEST

If you have left a bequest in your will to Baker IDI, or are considering doing so, we would very much appreciate the opportunity to thank you and personally share with you our vision for improving the quality of human life through science.

For further information on how you can create a legacy for Baker IDI, please contact Noelle on (03) 9258 5055.



Mrs Ruth Webster, a long time supporter of Baker IDI, intends to continue her legacy of giving for many years to come.

BONDS[®]

homy
ped[®]



red robin

Baker IDI has had a long term association with Homy Ped Diabetes Friendly Footwear and Red Robin and Bonds Circulation socks.

Homy Ped has developed a range of footwear to reduce the incidence of common foot ailments in people living with diabetes. Red Robin

and Bonds Circulation socks are designed to promote healthy foot circulation.

Homy Ped Diabetes Footwear is available through selected pharmacies nationwide. Red Robin and Bonds Circulation Socks are available in leading department stores nationwide.

Clinical Research Trials

Baker IDI is seeking volunteers for the following trials



All our volunteers' personal information remains strictly confidential.

Baker IDI is recruiting new volunteers for a range of studies and trials currently being undertaken at the Institute.

Trials may involve new drugs, devices or lifestyle interventions to help manage pre-existing medical conditions or preventative measures designed to reduce the risk of developing disease.

Our ground-breaking research would not be possible without volunteer participants. To see if you are eligible to participate in a clinical trial and help improve treatment options, please visit Baker IDI online at www.bakeridi.edu.au or contact the research coordinator listed below. All enquiries will be treated with the strictest confidence.

Cocoa flavanol study: Cocoa for high blood pressure and diabetes control

Do you have type 2 diabetes and high blood pressure? Baker IDI and the Alfred Hospital are examining whether naturally occurring compounds found

in cocoa can improve blood pressure, vascular health and diabetes control.

For further information please contact Robyn Smith or Elizabeth Maclean on (03) 9258 5916 or at robyn.smith@bakeridi.edu.au

Sleep study: Diabetes control on Obstructive Sleep Apnoea

Do you have type 2 diabetes, or are tired and would like to find out if you have Obstructive Sleep Apnoea (OSA)? Baker IDI is currently conducting a clinical trial that aims to investigate the effects of treatment of OSA on glucose control in people with type 2 diabetes.

For further information please contact Elena Vulikh on (03) 9258 5089 or at elena.vulikh@bakeridi.edu.au

IDLE breaks study: IDLE (Intensity Defined Little Exercise) breaks for reducing diabetes risk

Are you overweight and sit for long periods of time? Baker IDI is currently examining whether reducing sedentary behaviour (prolonged sitting time) can help improve blood glucose and blood fat levels in older, overweight adults.

For further information please contact Miriam Clayfield on (03) 9248 2948 or at miriam.clayfield@bakeridi.edu.au or Robyn Smith on (03) 9258 5916.

Dietary AGES and type 2 Diabetes in Overweight Individuals study

This study focuses on how a specific diet could be a relatively simple way for 'at risk' individuals (ie. family history of being overweight) to decrease their risk of developing diabetes.

For further information please contact Sonia Dougherty on (03) 9076 5199 or at s.dougherty@alfred.org.au

Peripheral Arterial Disease study

Do you have leg pain while walking? This study will help verify a potential new treatment for Peripheral Arterial Disease that has the potential to improve quality of life for a large number of Australians.

For further information please contact Anna Ahimastos on (03) 9076 2356 or at a.ahimastos@alfred.org.au

Diabetes Medication study

Do you have type 2 diabetes and take the drug Metformin? We are investigating whether the study drug helps to control your glucose levels while you are taking your usual dose of Metformin.

For further information, please contact Maria Lawton on (03) 9258 5095 or at maria.lawton@bakeridi.edu.au

Type 2 Diabetes study

Are you male and overweight? Baker IDI is investigating how the environment may affect your genes and control your weight. This may lead to new therapies for type 2 diabetes.

For further information, please contact Melissa Formosa on (03) 9076 6518 or at m.formosa@alfred.org.au

Insulin Resistance & Heart Disease Risk in Obesity study

Are you overweight or obese? Baker IDI is examining the benefits of treatments that improve insulin sensitivity on stress hormone levels and blood pressure.

For further information, please contact Dr. Nora Straznicky on (03) 8532 1371 or at nora.straznicky@bakeridi.edu.au

Supporting medical research and saving lives

Your monthly donation will help millions of people suffering from diabetes and cardiovascular disease and will safeguard the health of future generations.

Baker IDI aims to reduce death and disability from diabetes and heart disease in our community through medical research, education programs and disease prevention initiatives.

Regular monthly donations provide continuity for our life-saving research projects. We need your monthly support to confidently plan for and fund future programs that will help end the suffering of many people and ultimately save more lives.

Our ground-breaking medical research continues to shape advances in the treatment and prevention of diabetes and heart disease.

Help us lead the fight against these insidious diseases as we discover the causes and cures for the largest trigger of death and disability in our community today.

To make a regular gift or donation please complete the coupon and return to Baker IDI. Your contribution will be deducted on the 15th of each month (or nearest business day). An annual receipt of your tax-deductible monthly donations will be forwarded in June each year.

If you wish to find out more information about making a monthly donation please give us a call on 1800 827 040.



Baker IDI researchers protecting the health of future generations.

Yes! I want to help the Baker IDI Heart and Diabetes Institute beat heart disease and diabetes.

All donations of \$2 or more are tax deductible. Please enclose this coupon with your cheque or money order in an envelope and post to:
Baker IDI Heart & Diabetes Institute, Reply Paid 227, Caulfield South, Victoria 3162 – or call **1800 827 040** or fax 03 9258 5090.

Title: Dr Mr Mrs Ms Miss Other

Name: _____

Address: _____

Suburb: _____

Postcode: _____

Telephone No: () _____

Email address: _____

Monthly Donations I authorise Baker IDI to make monthly deductions from my Credit Card until further notice to the value of (minimum \$10): \$ _____

Instead of an automatic deduction, I would like to make a single gift of:

\$50 \$100 \$150 Other amount \$ _____

Payment details

Cheque – Thank you, please make your cheque payable to **Baker IDI Heart and Diabetes Institute**

Credit Card Visa Mastercard Amex

Card Number /
Expiry

Name on card: _____

Signature: _____

I am interested in including Baker IDI in my Will.

I have already made a bequest to Baker IDI.

